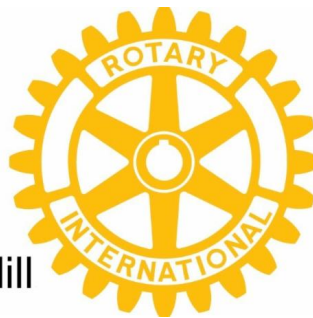


Rotary

Rotary Club of Pleasant Hill



The PLEASANTREE
MAY 8 2025



[CLICK HERE TO CHECK OUT OUR WEBSITE](#)



THIS WEEK'S MEETING
Tom McHale Room
Pleasant Hill Community Center
SPECIAL WORK
MEETING

STEPHANIE PRESCOTT
LADY BUG PROJECT
LADY BUG KIT ASSEMBLY

Gather 12:15 PM
Meeting Starts 12:30 PM

Last Week's Meeting Highlights
President Diane once again led us with her signature style, and we were treated to a flavorful lunch courtesy of a guest caterer — delicious curry chicken, rice, and salad that hit the spot!



Our program was presented by **Sheryl Morasco** and **Teddy Muln** from the **Center for Elders' Independence (CEI)** — and what an eye-opening presentation it was! They introduced us to PACE (Program of All-Inclusive Care for the Elderly), a truly innovative approach to senior care that's been changing lives since 1982.

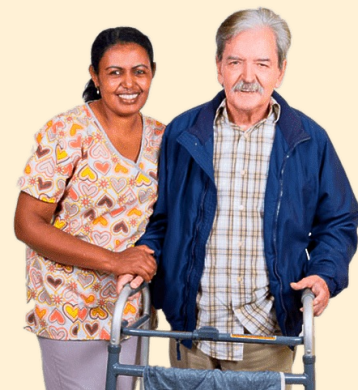
CEI serves 1,300 seniors annually through 5 (soon to be 8!) centers — including one right in Concord — with a dedicated staff of 450 professionals.

Since its founding, CEI has supported over 7,000 participants. Nationwide, there are 180 PACE organizations operating more than 300 centers in 33 states, collectively serving 81,000 seniors, whose average age is 76.

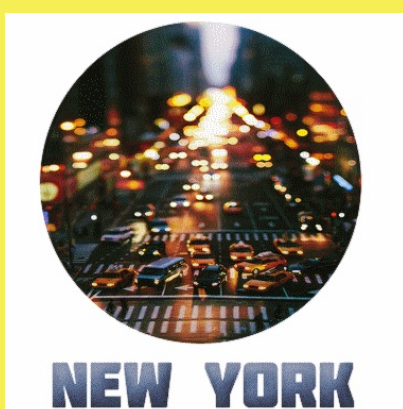
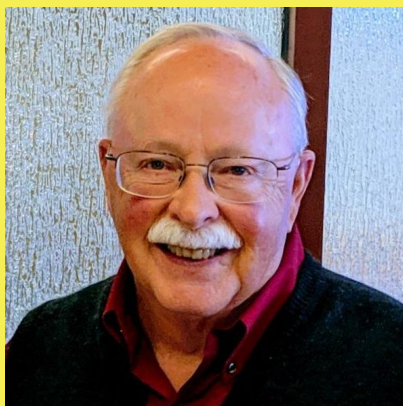
PACE combines both medical and social services to help seniors stay in their homes as long as possible, rather than move into nursing facilities. It's a lifeline for those dealing with chronic conditions like vascular disease, diabetes, congestive heart failure, COPD, dementia, and other cognitive challenges — with nearly 45% of participants facing some level of cognitive decline.

These services are fully covered for eligible participants through Medicare and Medicaid. To qualify, individuals must be 55 or older, living in the community, and certified as needing skilled nursing-level care — essentially, they are those who might otherwise have no choice but to enter a nursing home.

This was a powerful reminder of how community-based care models like PACE are providing dignity, support, and independence to our aging population. A big thank-you to Sheryl and Teddy for the work they do — and for sharing it with us!



HAPPY DOLLARS



KEN HOUSFELD

Chipped in \$50 toward his son's Paul Harris Fellowship — a heartfelt thank-you for our club's awesome, ongoing support of the Diablo Valley Relay For Life with another generous donation this year!

RICHARD MEANS

Dropped some Happy Dollars into the pot to celebrate an amazing 10-day adventure in New York City with his wife — visiting their son and adorable 9-year-old granddaughter! They even squeezed in some sightseeing, topped off with a delicious meal at the iconic Tavern on the Green!

OLIVER GREENWOOD

Generously tossed in \$100 toward his Paul Harris Fellowship after snagging top bragging rights as the big winner at last week's Pleasant Hill Community Foundation/Chamber of Commerce Casino Royale! He racked up an impressive 13,000 chips at the Blackjack table — proving he definitely knows when to hold 'em and when to fold 'em.

Our incredible delegation — President Diane, President-Elect Jocelyn, President-Nominee Mike, and PDG Steve — proudly represented our club at the 2025 District 5160 Conference, held at the San Ramon Marriott Hotel..

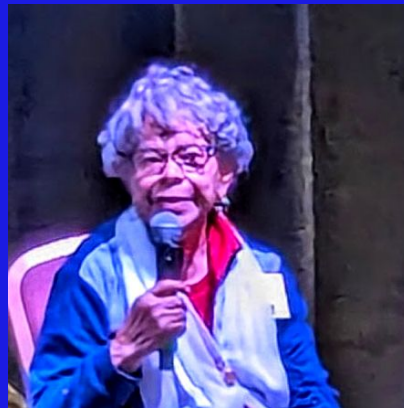
A standout moment was the powerful

presentation by Dr. Sylvia Whitlock, the trailblazing first woman in Rotary. Her courageous journey, which culminated in the landmark 1987 Supreme Court ruling that opened Rotary's doors to women, left everyone deeply moved.

The conference also brought plenty of joy and camaraderie with a Star Wars-themed party, craft beer tasting, dynamic keynote speakers, and engaging breakout sessions. It was a truly motivational experience — one that energized our team and reminded us all why Rotary matters.



Club Prez Diane attending the Saturday night's Dinner General Session



Dr Sylvia Whitlock (age 94) was the first woman in Rotary (Rotary Club of Duarte) in 1976 and Officially in Rotary in 1987 and first President of a Rotary Club



PDG Steve and Sheryl attend the Friday Night Star Wars Party with Good Friend Darth Vader



**Club President Elect
Nominee Mike Kasin
attends Saturday
Breakfast General
Session**



**Mike and Jocelyn
enjoying the Beer Tasting
at Fieldworks put of by
BREW Vice Chair Steve
Lack**



**Mike, Steve and Jocelyn
Visit with Diablo View
Rotary, Club Prez
Andrew, Prez Elect
Hector and Past Prez
Sheryl**

Rotary

COUNCIL ON LEGISLATION

PDG Kathy Suvia had the honor of representing District 5160 at Rotary's 2025 **Council on Legislation (COL)** in Chicago, April 13–17, alongside nearly 480 delegates from around the world. This inspiring event, held every three years, is where Rotary shapes its future by debating and voting on major policy changes.

As RI President Stephanie Urchick said, "This Council represents the heart of Rotary's democratic process... a powerful expression of multiculturalism."

The COL voted on 78 proposals, with many important changes coming July 1, 2025. A few highlights:

- *New clubs can now be chartered with 15 members instead of 20*
- *RI dues will increase slightly starting in 2026 to help sustain essential services*
 - *District Conferences are now optional, not required*
- *Some added duties for District Governors (which our DGs already do!)*
- *The RI Board can now remove a member for serious misconduct*

[CLICK HERE FOR A LIST OF ALL LEGISLATIVE VOTES](#)

Coming up next: the Council on Resolutions this October. If our club has a proposal you'd like considered, contact Prez Diane or COL Alternate Representative Steve Lack by June 30, 2025 to see about getting it submitted by the Club.

Upcoming Events

Rotary

Rotary Club of Pleasant Hill



Activity Schedule

**THUR
MAY
8**



SPECIAL WORK MEETING

Stephanie Prescott
LadyBug Program
LadyBug Kit Assembly

**THUR
MAY
10**



BARK IN THE PARK

10AM - 2PM
Pleasant Hill Park

**TUE
MAY
13**

BOARD MEETING

WiseGirl Restaurant
5PM

**THUR
MAY
15**

REGULAR MEETING

Dresda E. Mendez de la Brena
Women Forward International

**Sat-Sun
MAY
17 & 18**



Art Music and Wine

DOWNTOWN
PLEASANT HILL

**THUR
MAY**

REGULAR MEETING

President Diane McRice

**THUR
MAY
22**



OFFSITE MEETING
SAUCED
WALNUT CREEK

What's Happening

THIS WEEKEND



**NEW! Bark
In The
Park (FREE)**

**Saturday,
May 10,
10:00 am-2:00
pm**

**Pleasant Hill
Park,
147 Gregory**

Lane

Get ready for tail-wagging fun!

Join this free celebration of all things canine, featuring local vendors, food trucks for humans, and adorable adoptable pets looking for their forever homes. Enjoy a day filled with canine activities, food & treats, and paw-positive vibes for the whole family, Fido included. Attending dogs must remain on a leash at all times. FREE to the public

SAVE THE DATE

PLEASANT HILL
CHAMBER OF COMMERCE
ART, WINE & MUSIC
—20— **FESTIVAL** —25—



21st Annual Art, Wine & Music Festival May 17 & 18th,

**Saturday & Sunday
Booths, Vendors &
Entertainment from 10
AM to 6 PM
SPECIAL SATURDAY
EVENING CONCERT
AT 6:30 PM**



Rotary International President Stephanie Urchick

District 5160 Governor Dan Gerald

District 5160 DV8 Assistant Governor Cathy Durfee

Rotary Club of Pleasant Hill Board of Directors 2024-25

President Diane McRice **President Elect** Jocelyn Reite

Past President: Michael Moore **President Elect Nominee** Michael Kasin

Club Treasurer: Kim Grossberg

PHR Foundation Chair Mark Hinds **TRF Chair:** Jim Bonato

Secretary - Michelle Lacy

SGT at Arms: Lou Rossi & Jan Passanisi

Membership Co-Chairs - Allen Vinson & Mike Maxwell

International Service Chair: Susan Wood

Environmental Service Chair: Bonnie Hazarabedian

Community Service Chair: Bonnie Hazarabedian

Youth Service & Interact: Matt Rinn & Troy Jones

Public Image: Faye Donaghu

Vocational Service Chair: Jeff Clark

Social Chair: Cara Leyva

Action Plan Champion: Mike Maxwell

Newsletter Editor: Steve Lack **Historian:** Jim Nunes



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